



WESTWOOD NEWS

Autumn Term (1) 2023



Dear Families,

We have had a very busy and productive first half term to this academic year. The children have settled really well into their new classes and lots of excellent learning has taken place. Class teachers have carried out baseline assessments and identified each pupil's strengths as well as their areas for development which they will share with you during our Parents Evenings on 31st October & 1st November. We have had our initial visit and follow up meeting with our School Improvement Partner (Lisa Corby) from the Active Learning Trust Central Team, during which we shared our priorities for this year and our predictions for the end of year statutory assessments.

We are all set for a fantastic year!

Thank you to all those who have attended our Community Forum sessions so far. It has been great to welcome you in to school and tell you all about how we teach Phonics, Reading and Maths as well as sharing with you our approach to Safeguarding and Online Safety.. Next half term, we will be focussing on how we teach Writing, Oracy & Science. The feedback from our School in Action tour was extremely positive so we will continue with these sessions throughout the year with an opportunity for you to see the learning taking place each half term. We will also be inviting families in for Share sessions during Autumn 2—some of these dates are in this newsletter, others will be shared very soon—as well as events to celebrate Christmas!

Thank you to everyone who attended our annual Book Fair and bought books—we had a fantastic £128 of rewards to spend from our book fair which we have used to buy a selection of poetry books for each class as this is a focus area for our development of reading for pleasure this year. Our pupil leadership groups have planned a range of events for next half term—many of which are listed in the 'Diary Dates' page of this newsletter but we will keep you updated with any others that are added throughout the term.

This half term has also seen the start of a range of visitors and visits planned for this year. We had the author Steve Clifford spend a few days with us to inspire our writing and, as the weather was against us, Reverend Helen Jary came into school to deliver our Harvest Festival on the last day of term.

We have some exciting news to share... Miss Bircham has had her baby! Myles was born on 6th October—a beautiful baby brother for big sister April—the whole family are doing really well and we are looking forward to meeting Myles and having cuddles very soon!

Once again, thank you for your continued support of our school, it really is our pleasure teaching your children and working with our local community.

We are so Proud to be Westwood!

Enjoy the half term break and we look forward to welcoming the children back on

Monday 30th October

Mrs. Barnes





Nursery & Reception Autumn 1



Nursery

This half term we have welcomed back old friends and welcomed new ones. We have been getting to know each other, the adults and routines in the class.

Our topic has been 'All about me' and we have read stories all about friendships and feelings.

In maths we have been subitising – recognising how many without counting and in phonics we have been using our listening skills to identify and recognize different sounds.

We have drawn our faces adding details to make them unique and using a variety of loose parts in transient art. We have created houses with large and small bricks as well as finding where we live on Google Earth.

We have made porridge when reading the story of 'Goldilocks and the Three Bears' and in the woods we have looked for sticks, conkers and made bird feeders.



Reception

This term Reception have been looking at the topic 'Marvellous Me'. The children shared their All About Me bags talking about themselves, their families and their favourite things. We have celebrated what makes us unique looking at the similarities and differences between ourselves, comparing our physical features and our likes and dislikes. We drew pictures of our new friends as well as self-portraits. We talked about the importance of being kind, the children made their own class rules and have been filling up a kindness jar to get a reward! We have discussed our emotions and how things make us feel.

When discussing our families, we drew pictures of our house and people that live with us. We discussed our favourite meals to eat at home and voted for what to cook at school. The next day we chopped vegetables and mixed the ingredients to make yummy spaghetti! In Maths this term we have been practising the skill of subitising, measuring height, looking at numbers 1-5 and practising counting with 1:1 correspondence. We have enjoyed our first P.E sessions in the hall, where we have been





Nursery & Reception Autumn 2



Nursery

In Autumn 2 our topic will be 'Superheroes', we will be looking at different types of superheroes and having a secret superhero challenge each week.....keep your eyes peeled for this! We will be exploring circles and triangles through art and using different types of technology.

We will also be celebrating bonfire night and Christmas with special celebrations.

Reception

Next term we are looking at the topic 'People Who Help Us'. We will be discussing the job roles people do and how they keep us safe. We hope to have some visits from people within the community and learn about them.

The week commencing the 6th November we have our Phonics Parent Share sessions, these are designed to show parents what happens in the classroom and help you support your child's reading at home.

Next term we will be taking part in Woodland Sessions on a Monday, please bring a named puddle suit.

Upcoming Events

Nursery and Reception will be attending the theatre and we will be sharing Christmas performances with you as well as parent share days.



Years 1 & 2 Autumn 1



This half term, we have been learning all about our local area. We went on a walk around our local area to discover the landmarks that surround us. We then created our own journey books to show our learning journey.

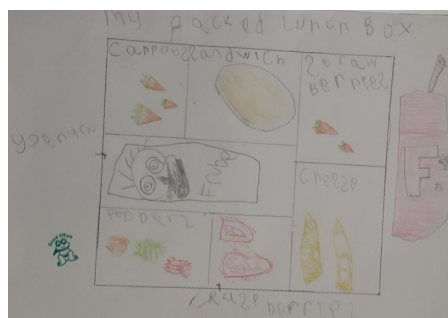
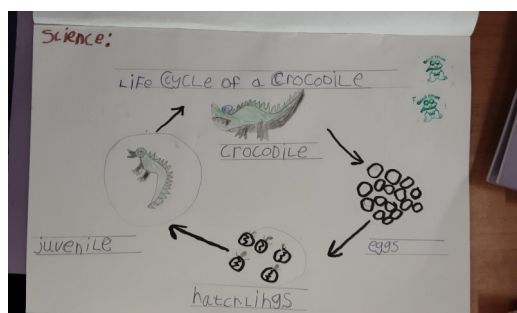


We had an extremely fun workshop with author Steve Clifford who told us stories and inspired us to get writing.

We have been working to create collages inspired by Henri Matisse in our Art and been developing our team skills in our PE sessions.



We have also had some fantastic homework this half term, we have been blown away by Key Stages ones learning at home!





Years 1 & 2 Autumn 2



Next half term we will be learning all about 'Our wonderful weather'.

As Writers, we will be writing a 5 part problem/solution story as well as creating our own explanation texts.

As readers, we will be continuing to develop our fluency skills as well as think about the choice of language used by authors.

As Mathematicians, we will be using addition and subtraction to make amounts.

As Scientists, we exploring the structure of different animal groups as well as exploring our senses.

As Geographers, we will be exploring weather and seasons and researching how this changes around the world.

As Musicians, we will be identify a range of sounds related to instruments as well as learning our Christmas corals.

As Designers, we will be creating a range of structures and evaluating our products.

As Athletes, we will be learning new gymnastics skills as well as developing our ball skills.

As Computing experts, we will be exploring taking a range of digital photographs and editing these to change their appearance.

During Religion and world Views, we will be learning about the importance of the nativity story in Christianity before rehearsing and performing our own.

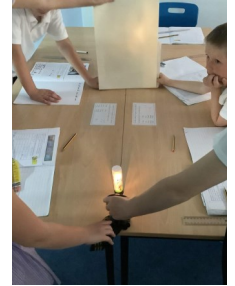
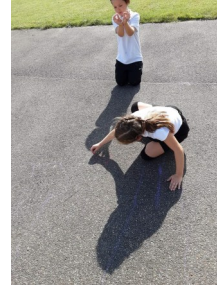


Years 3 & 4 Autumn 1



Year 3 and 4 have had a fabulous first term back. It has been so nice seeing all of our friends again and getting to know our new teachers Miss Bailey and Miss Harvey.

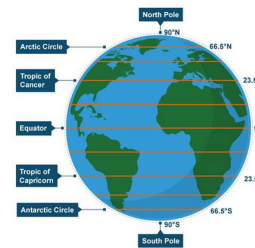
This term we have been exploring light and shadows.
We really enjoyed creating our own shadow stories outside.



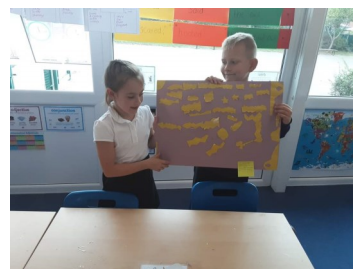
During PE we have been focusing on our basketball skills. We have been improving our techniques for dribbling, passing and shooting at the hoop and having good teamwork.



Do you know the different types of maps you might see? We have been learning about these in geography and what information the different maps give us. We have also learnt about the different tropics, hemispheres and the lines of longitude and latitude. We now understand why it is different times in different parts of the world.



Our favourite lesson this term has to have been art where we have been inspired by the famous artist Henri Matisse. We have specifically looked at his work using collages and negative/positive images. We definitely have some budding artists in LKS2!!





Years 3 & 4 Autumn 2



English

This half term in English, the children will be learning about Myths and Legends. They will look at the features of this genre of writing and then have a go at writing their own.

Maths

In maths the children will be working on using the column method to solve addition and subtraction calculations and applying this to problem solving activities. They will be using estimating and the inverse operations to check their answers.

Science—Electricity

The children will have the opportunity to learn how to construct and label simple circuits. They will investigate conductors and insulators and use this knowledge to carry out experiments. They will also learn about the importance of keeping safe around electricity.

Computing—The Internet

The children will be finding out all about the internet, how it works, how content can be added and how important it is to understand how some content maybe unreliable.

History—Ancient Egypt

As Historians the children will be learning about chronology and using different sources to further their understanding of the Egyptians. They will look at reasons why the Egyptians were successful and how we know so much about them.

DT—Structures

In DT the children will investigate different 3D nets and how these are folded to make structures. The children will then design and make their own structures thinking about how they can strengthen them.

Religion and World Views

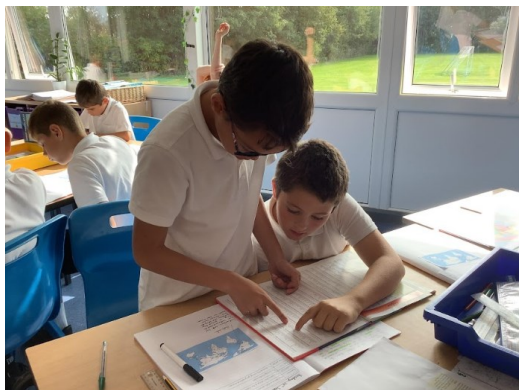
In Religion and World Views the children will be learning about Hinduism through the festival of Diwali. They will be finding out the significance of the festival and how and why it is celebrated.



Years 5 & 6 Autumn 1



Well done to all Year 5 and 6 pupils for a fantastic, busy start to the year. During Autumn 1, we were visited by author C.S Clifford who inspired us as writers. Alongside this, our Woodlands were invaded by Aliens! This inspired us to write news reports Literacy. These outcomes were aimed at our local community to inform them of the shocking event.



Active Artistes

We have created some beautiful outcomes in the Arts so far this year. In Art we produced some collages inspired by Gustav Klimt. In Woodlands we linked our learning to our Art topic and created weaves using natural resources. In music we listened to, learnt and performed Ghanaian songs.



Tournaments

In Autumn 1, we've had fantastic engagement in ALT sports tournaments. The children have represented our school beautifully. We look forward to future tournaments in Autumn 2.



Years 5 & 6 Autumn 2



As readers we will be reading, enjoying and discussing our novels in our whole class reading sessions. We will also be reading non-fiction, songs and poetry.

As mathematicians we will be learning about multiplication and division. We will also be learning about how to add, subtract, multiply and divide fractions.

As historians we will be learning about the Anglo Saxons and the impact they had on Britain. We will consider the question, 'Where they invaders or settlers'?

Reminders

Please make sure your child has their PE kit in school all week. We will have two PE lessons a week this half term so it is important that they have kit available.

As writers we will be writing and performing our own narrative poems. We will also be writing stories inspired by the Saxon times.

As scientists we will be learning about the circulatory system and investigating the impact that diet and exercise has on the body.

In DT we will be creating models of Anglo-Saxon houses by cutting, sanding and fixing materials together. In Spanish we will be learning vocabulary associated with family. In RWV we will be learning about Buddhism and in PE we will be learning Tag Rugby & Gymnastics.



Sporting Success



Tournaments

We have signed up to both the ALT and North Suffolk Sports Partnership fixtures this year so we have lots of opportunities for children to take part in tournaments and represent the school.

We haven't wasted any time and Autumn 1 saw us take part in 5 events, earning lots of certificates, bringing home lots of medals but most importantly having lots of fun!

Our UKS2 tag rugby team finished 3rd in their respect development event.

Our UKS2 football teams played hard but didn't progress past the group stage

Our Year 3 footballers finished 4th in the 'A' league.

Our Key Stage 1 footballers came 3rd in both events and demonstrated amazing teamwork!

Our Key Stage 2 Panathalon team had great fun and finished 2nd overall!

Sports Clubs

Well done to all play leaders for an excellent start to the year. They have supported and organised activities for the whole school to engage in at lunchtime. After school clubs have been busy with basketball for years 4, 5 & 6, football for years 1, 2 & 3, and all years trying lots of new sports in our Give it a Go clubs!

Upcoming Fixtures & Events

| | |
|-------------------------|-------------|
| Wednesday 8th November | 13:00–15:45 |
| Friday 10th November | 15:45–17:30 |
| Thursday 23rd November | 14:30–16:30 |
| Wednesday 29th November | 12:45–15:00 |
| Friday 1st December | All day |
| Thursday 7th December | 15:45–17:30 |

| |
|--------------|
| Year 4 Mixed |
| Year 4 Boys |
| UKS2 Mixed |
| LKS2 Mixed |
| UKS2 Mixed |
| LKS2 Mixed |

| |
|---------------------------------------|
| Dodgeball @ Pakefield High |
| Football @ Red Oak |
| Basketball @ East Point Academy |
| Everyone Active Festival @ Water Lane |
| Schools against Racism @ Red Oak |
| Unihoc @ Red Oak |

#BETHEBESTTHATYOUCANBE

Diary Dates

There will be more events taking place and we will let you know as soon as possible!
Events in purple are the ones we would love families to join us in school for.

| | |
|--------------------------------------|---|
| Monday 30th October | Children return to school |
| Tuesday 31st October | Spooky Dress Up day |
| Tuesday 31st Oct & Wednesday 1st Nov | Parents Evenings 15:30–18:00 (10 minute slots) |
| Wednesday 1st November | HSBC Workshops |
| W/C Monday 6th November | Reception Parent Share Week |
| Wednesday 8th November | Years 5 & 6 West Stow Trip |
| Thursday 9th November | Year 6 Crucial Crew |
| W/C Monday 13th November | Anti-bullying Week Nursery Parent Share Week |
| Monday 13th November | Silly Sock Day |
| Tuesday 14th November | EYFS & Year 1 Panto Workshop |
| Wednesday 15th November | Flu vaccinations for Reception to Year 6 pupils 17:00–18:15 Bedtime Stories |
| Friday 17th November | Children In Need–non uniform day |
| Thursday 23rd November | Reception Diwali Workshop |
| Thursday 30th November | Years 3 & 4 Norwich Castle Visit |
| Thursday 7th December | EYFS & Year 1 Christmas Show at Seagull Theatre |
| Tuesday 12th December | 9:15–UKS2 Christmas Performance |
| Wednesday 13th December | 9:15–KSI Christmas Performance 14:00–UKS2 Christmas Performance |
| Thursday 14th December | Christmas Dinner Day & Christmas Jumper Day 9:15–LKS2 Christmas Performance 14:00–KSI Christmas Performance |
| Friday 15th December | 14:00–LKS2 Christmas Performance |
| Wednesday 20th December | Last day of the half term & Elf Day |
| Thursday 21st Dec to Tuesday 2nd Jan | Christmas Holiday |
| Wednesday 3rd January | Children return to school |

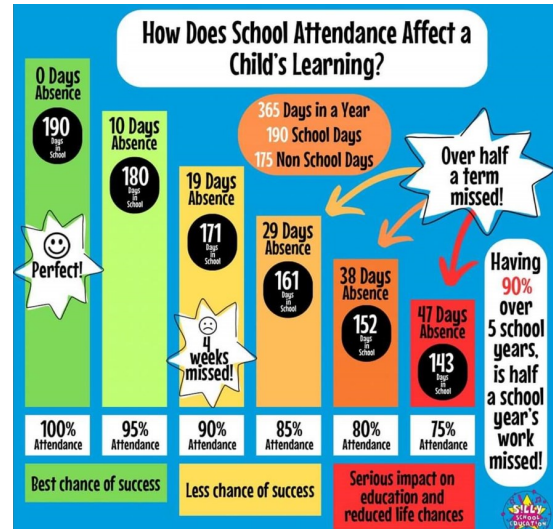
ATTENDANCE

One of our whole school priorities for this year is to raise our pupils' attendance levels above the national target of 95%. Each week our Attendance Officer (Mrs Fairweather) calculates the attendance for each class and the winning class has the chance to play Attendance-opoly where they can win prizes for their class.

This half term, our winners have been:

| | | |
|----------|----------------|-------|
| 04.09.23 | Years 2, 4 & 6 | 100% |
| 11.09.23 | Year 4 | 97.7% |
| 18.09.23 | Year 6 | 97.7% |
| 25.09.23 | Year 1 | 97% |
| 02.10.23 | Year 2 | 97.3% |
| 09.10.23 | Year 6 | 96.2% |

This table shows the weekly percentage for each class (we haven't included Nursery as they are non-statutory so not included in the government's figures), as you can see there is still some work to be done to hit that 95% target...



| | 04.09.23 | 11.09.23 | 18.09.23 | 25.09.23 | 02.10.23 | 09.10.23 |
|-----------|----------|----------|----------|----------|----------|----------|
| Reception | 99.3% | 90.2% | 95.0% | 89.3% | 94.8% | 93.6% |
| Year 1 | 94.3% | 91.7% | 91.7% | 97.0% | 93.8% | 94.5% |
| Year 2 | 100.0% | 97.3% | 92.0% | 93.0% | 97.3% | 94.0% |
| Year 3 | 96.0% | 97.2% | 94.4% | 93.6% | 91.2% | 92.8% |
| Year 4 | 100.0% | 97.7% | 92.6% | 91.9% | 90.3% | 94.4% |
| Year 5 | 93.8% | 93.3% | 96.3% | 92.9% | 90.4% | 95.4% |
| Year 6 | 100.0% | 93.9% | 97.7% | 96.5% | 91.5% | 96.2% |

THANK YOU for your support in ensuring your children attend school each day;
if they aren't in school, we can't teach them!

HOUSE POINTS

The totals for this half term are:

Sapphire = 2,377
Diamond = 2,604
Emerald = 2,659
Ruby = 2,754

Congratulations **Ruby**—your house captains are busy organising your treat!

Our new range of extra-curricular clubs will start from
Monday 30th October

| Day | Breakfast 8.00am - 8.30am | Lunch 12pm - 1pm | | After School 3.15pm - 4.15pm |
|-----------|---|--|------------------------------|--|
| Monday | Multisports - Mr Hepburn Years 1, 2, 3, 4, 5 & 6 | Tournament Prep/Team Games - Mr Eley | | Give it a go (a different ball game each week) - Mr Eley Years 1, 2 & 3 |
| | Library/Reading - Miss Bow Years 1, 2, 3, 4, 5 & 6 | Colouring Miss Fayers | Colouring Mrs Ball | Feathers & Friends - Miss Bow & Mrs Eccleston Years 4, 5 & 6 |
| Tuesday | Multisports - Mr Hepburn Years 1, 2, 3, 4, 5 & 6 | Tournament Prep/Team Games - Mr Eley | | Plot Twist (Reading/Drama) - Fun with words Miss Bow - Years 1, 2 & 3 |
| | Library/Reading - Miss Bow Years 1, 2, 3, 4, 5 & 6 | Construction Mrs Gee | Construction Miss Harvey | Give it a go (a different ball game each week) - Mr Eley Years 4, 5 & 6 |
| Wednesday | Multisports - Mr Hepburn Years 1, 2, 3, 4, 5 & 6 | Tournament Prep/Team Games - Mr Eley Rock Choir - Mr Syed | | Feathers & Friends - Miss Bow & Mrs Eccleston Years 1, 2 & 3 |
| | Library/Reading - Miss Bow Years 1, 2, 3, 4, 5 & 6 | | | Board Games - Miss Thompson Years 3, 4, 5 & 6 |
| Thursday | Multisports - Mr Hepburn Years 1, 2, 3, 4, 5 & 6 | Tournament Prep/Team Games - Mr Eley | | Basketball - Mr Eley Years 4, 5 & 6 |
| | Library/Reading - Miss Bow Years 1, 2, 3, 4, 5 & 6 | Board Games Miss Gardener | Board Games Miss Trussler | Football - Mr Eley Years 1, 2 & 3 |
| Friday | Multisports - Mr Hepburn Years 1, 2, 3, 4, 5 & 6 | Tournament Prep/Team Games - Mr Eley | | Plot Twist (Reading/Drama) - Fun with words Miss Bow - Years 4, 5 & 6 |
| | Library/Reading - Miss Bow Years 1, 2, 3, 4, 5 & 6 | Computing Miss Bailey | Computing Miss Shuffle | Monster Maths - Miss Fayers & Mrs Longthorne Year 6 (by invite only) |

A new half term means a new lunch menu.

Autumn/ Winter
2023/ 2024

WESTWOOD

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

WEEK ONE

30/10/2023
20/11/2023
11/12/2023
15/01/2024
05/02/2024
04/03/2024
25/03/2024

Option one

Option two

Option Three

Dessert

Spaghetti Bolognese with Garlic Bread

Vegan Bolognese with Garlic Bread

Jacket Potato with Tuna

Fruit Jelly with Ice cream

Beef Burger in a Bun with Wedges

Vegan Burger in a Bun with Wedges

Jacket Potato with Cheese

Mandarin and Cinnamon Cake

Cheese Pizza with Pasta Salad

Vegetable couscous

Jacket Potato with Beans

Oaty Cookie

Roast Turkey, Stuffing Roast Potatoes & Gravy

Veg Wellington, Stuffing, Roast Potatoes & Gravy

Jacket Potato with Cheese

NEW Jam and Coconut Sponge

Fishfingers with Chips & Tomato Sauce

B&G Quorn Fillet with Chips & Tomato Sauce

Fish Finger Wrap

Oaty Cookie

WEEK TWO

06/11/2023
27/11/2023
18/12/2023
22/01/2024
19/02/2024
11/03/2024

Option one

Option two

Option three

Dessert

Macaroni Cheese

Tomato Pasta

Jacket Potato with Tuna

Fruit Jelly with Ice Cream

Sausage Roll with Mashed Potatoes

Mexican Bean Roll with Mashed Potatoes

Jacket Potato with Cheese

NEW Melting Moment Biscuits

Chicken Pita with Rice

Veggie Meatballs in Tomato Sauce with Rice

Jacket Potato with Beans

Lemon Drizzle Cake

Roast Chicken, stuffing, Roast Potatoes & Gravy

Roast Quorn Fillet, Stuffing, Roast Potatoes & Gravy

Jacket Potato with Cheese

Chocolate Drizzle Cake with Chocolate Sauce

Fishfingers with Chips & Tomato Sauce

Cheese Omelette with Chips & Tomato Sauce

Fish Finger Wrap

Vanilla Shortbread

WEEK THREE

13/11/2023
04/12/2023
06/01/2024
29/01/2024
26/02/2024
18/03/2024

Option one

Option two

Option three

Dessert

Macaroni Cheese with Bacon topping

Tomato Pasta

Jacket Potato with Tuna

Fruit Jelly with Ice cream

Mexican Beef with Rice

Vegetable Stack with Rice

Jacket Potato with Cheese

NEW Chocolate Orange Cookie

Cheese Pizza with ½ Jacket Potato

NEW Loaded Jackets

Jacket Potato with Beans

Iced Sponge

Sausages, Onions with Roast Potatoes and Gravy

Veggie Sausages, Onions and Gravy with Roast Potatoes

Jacket Potato with Cheese

Peach Upside Down Cake with Custard

Fishfingers with Chips & Tomato Sauce

Cheesy Bean Pastty with Chips

Fish Finger Wrap

Chocolate Crunch

MENU KEY

Added Plant Power

Wholemeal

Vegan

Available Daily:

Freshly cooked Jacket potatoes with a choice of fillings - Bread freshly baked on site daily- Daily salad selection

ALLERGY INFORMATION:

If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.

caterlink

feeding the imagination

SCHOOL UNIFORM

We have a strict School Uniform Policy. Please ensure your child is dressed in the following named school uniform:

Daily Uniform

Black tailored trousers/shorts/skirt/dress
Purple Summer checked dress
White polo shirt
Purple school cardigan/jumper/fleece
Black shoes (no boots or trainers)
Black tights or white/black/grey socks
Purple school book bag

PE/Sports Kit

White T-shirt
Black shorts
White socks
Plimsoles or trainers
Black jogging bottoms
Black sweatshirt
PE bag

All items are readily available from high street stores or their internet shopping websites. Sweatshirts/cardigans/book bags/PE bags/water bottles with the school logo are available from Screens. We have a large range of new & used school uniform items available at no cost in our Community Hub—please pop in and take what you need.

Jewellery, hair & make-up

On health and safety grounds, we do not allow children to wear jewellery in our school except plain stud earrings and/or an inexpensive watch—these must be removed for P.E. Extreme haircuts or colouring are not permitted. Hairbands & clips should be discreet designs in colours compatible with school colours. No make-up or nail varnish may be worn.

WEBSITE

Please keep an eye on the school website as we update this regularly.

The address is: www.westwoodprimary.org

You can also follow us on:



Twitter: @Westwood School



Facebook: Westwood Primary School



Instagram: westwoodprimary

CONTACT DETAILS

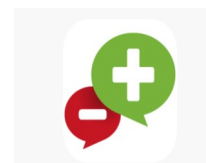
Please ensure we have your up to date contact details. This includes current address and telephone numbers.

We MUST have two contact telephone numbers in case of an emergency.



PARENTMAIL

Please ensure you sign up to ParentMail, this is how you will receive ALL means of communication.



ALLERGY INFORMATION

As you will already be aware, we are a nut-free school - we have children who have allergies to a variety of different nuts as well as peanuts—and ask that parents check the ingredients of items in packed lunches, avoiding anything that states it contains nuts.

Please speak to the school office, if you have any problems - paper copies may be available upon request.



Reading



We really enjoyed our visit from author Steve Clifford this half term. It was lovely to see so many children engaged and inspired to write their own stories. He enjoyed his visit immensely and was blown away by the brilliant behaviour and enthusiasm of our children. Some children were so inspired by his writing workshops they didn't want to stop writing and even asked if they could carry on at lunch time!



KEY STAGE 2 VISITING AUTHOR AND WRITING WORKSHOPS



THE WALKING WITH SERIES FOR 8-13 YEAR OLDS at £6.99



THE NAVAJO SPIRIT SERIES FOR OLDER READERS at £7.99



CANAL CAPER SERIES FOR 6-9 YEAR OLDS at £7.99



TRAWLER TALE SERIES FOR 6-9 YEAR OLDS at £5.99

(More detail at www.csclifford.co.uk)

If anyone is still interested in purchasing one of the books, you can find more information on Steve's website:
www.csclifford.co.uk



What does sensory processing mean?

We have eight different sensory systems, five of them are more well known, and three of them you may not have heard of before. Everybody experiences the world in different ways, sometimes the way your body processes sensory information can make it difficult to join in with daily life or experiences. The videos below (from Sheffield NHS) provide additional information about difficulties with sensory processing:



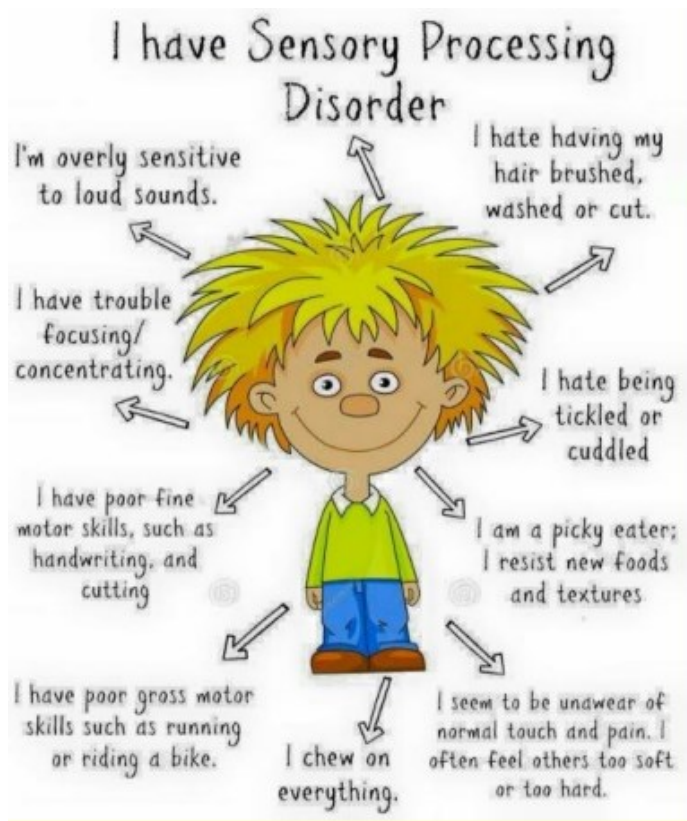
- Understanding sensory processing and your child: [\(3\) 3. Theory & Introduction - YouTube](#)
- Regulating sensory strategies: [\(3\) 3. Theory & Introduction - YouTube](#)



Free download resources for parent support - (press control and click to take you to website).

[Download Sensory Processing Starter Kit - FREE!! \(sensoryprocessing101.com\)](#)

If you are concerned that your child may be presenting with signs of processing difficulties, speak to the school SEND team or your GP.



SPD will present in all environments including school, and it is an opportunity to discuss your concerns and talk about next steps



Safeguarding & Mental Health



Halloween Safety

Spooky Statistics



4x

more likely to be involved in a fatal pedestrian accident on Halloween than any other night.



12%

of children 5 and younger are given the thumbs up to go trick-or-treating alone



18%

of parents use reflective tape on their children's costumes



35%

of parents talk to their kids about halloween safety each year

Trick-Or-Treat Safety Tips



Make sure you are with your parents or an approved adult!



Stay on the pavement and cross the road in groups



Only approach houses with porch lights on!



Get your parents to check your sweets



Wear bright reflective costumes



Make sure someone in the group has a mobile phone

EAST POINT PAVILION

SPOOK SCHOOL COMIC BOOK WORKSHOP

FREE (limited spaces available)
2-4.30pm, Wednesday 25 October
East Point Pavilion, Lowestoft

SUFFOLK LIBRARIES WHERE I BELONG

Saturday Fun

28th October | 10.30-11.30

@Lowestoft Library

It's Halloween! Join us for crafts and games, refreshments included.

£1.50 per child, booking essential



By donating to Suffolk Libraries you can help us fund essential additional services that enhance social digital and e-read initiatives in our communities. For details visit www.suffolklibraries.co.uk/donate



PARENT CONNECT



A FRIENDLY, INFORMAL GROUP FOR PARENTS AND CARERS OF CHILDREN WITH MENTAL HEALTH AND WELLBEING CHALLENGES



MEET EACH WEEK WITH AN EXPERIENCED PRACTITIONER



A SAFE SPACE TO SHARE FRUSTRATIONS AND TALK ABOUT SUPPORT

FREE TO ATTEND

SATURDAY MORNINGS 11.00AM - 12.00PM

SEAGULL THEATRE

TO BOOK PLEASE EMAIL

BOOKINGS@WELL-CHILD.CO.UK



EMAIL: BOOKINGS@WELL-CHILD.CO.UK



THE SUPERMARKETS CAFES STILL DOING DEALS

ASDA

Soup, bread roll and bottomless brews for over 60s for £1

Kids meal for £1



Morrisons

Free kids meal for every adult who spends more than £4.49

Free jacket potato and beans for shoppers who use code word

Sainsbury's

Free kids hot meal or lunch bag with the purchase of any adult hot main meal

During school term kids eat for £1 with the purchase of any adult hot main meal from £5

3 7 12 16 18



Please familiarise yourself with online games and their age ratings and warnings.

NHS Norfolk and Suffolk NHS Foundation Trust

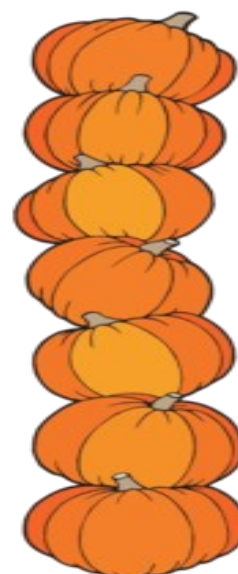


First Response

Call: 0808 196 3494 (Freephone)

A 24/7 service for people of all ages in Norfolk and Suffolk requiring mental health care, advice and support.

ChildLine
0800 1111



| HALF-TERM: OCTOBER 2023 | | | | | MENU | |
|---|-------|--|--|--|--|--------------------------|
| DATE | MEAL | TIME | VENUE | VENUE ADDRESS | MAIN | DESSERT |
| Monday 23rd October | Lunch | 12 Noon Sit in | Christ Church | Whapload Road, Lowestoft, NR32 1XD | Meatballs and Pasta | Fruit Crumble |
| Tuesday 24th October (FULLY BOOKED) | Lunch | 12 Noon Sit in AND Takeaway - Times to collect will be advised when booking | St Lukes (WE ARE SORRY BUT THIS IS NOW FULLY BOOKED) | 62 Homefield Avenue, Lowestoft. NR33 9BX | Jacket Potatoes with choice of 2 fillings (Cheese, Tuna or Baked Beans) and Salad (PLEASE ADVISE YOUR CHOICE OF FILLING WHEN BOOKING) | Cake |
| Wednesday 25th October | Lunch | Takeaway - Times to collect will be advised when booking | Pakefield | Pakefield Church Hall, Sunningdale Avenue, Pakefield, NR33 7DB | Lasagne and Gartic Bread | Chocolate Pudding |
| Thursday 26th October | Lunch | 12 Noon Sit in | Sgt Peppers | 167-168 High Street, Lowestoft. NR32 1HU | Chicken Nuggets and Chips OR Jacket Potatoes with Cheese and/or Beans | Cake and Icecream |
| Friday 27th October | Lunch | 12 noon sit in | Salvation Army | 9 Carlton Road, Lowestoft. NR33 0RU | Pasta Bake | Fruit Salad and Icecream |
| Saturday 28th October (FULLY BOOKED) | Tea | 5:00 PM | Carlton Marshes (WE ARE SORRY BUT THIS IS NOW FULLY BOOKED) | Burnt Hill Lane, Carlton Colville, Lowestoft. NR33 8HU | Hot Dogs with Onions | Toffee Apples and Smore |

People who can help

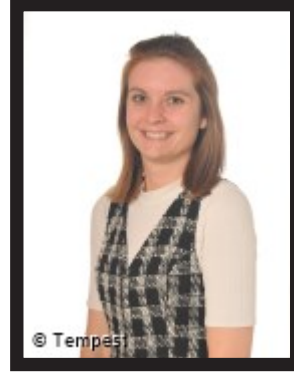
In addition to your child's class teacher, who should always be your first point of contact, the following people are readily available to help you with any issue, if needed.



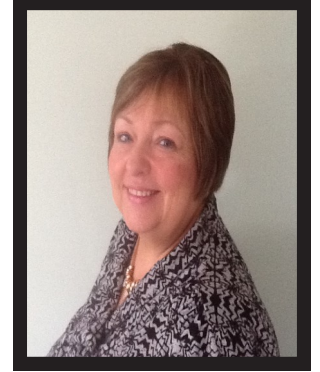
Mrs Rae Aldous
Executive
Headteacher



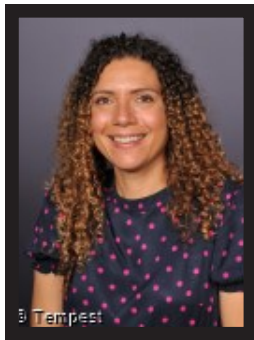
Mrs Lauraine Barnes
Westwood
Head of School



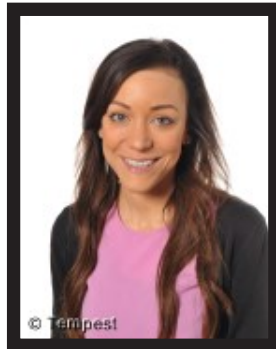
Mrs Rachel Kounnas
Grove
Interim Head of School



Mrs Jackie Cutchey
Chair of Governors



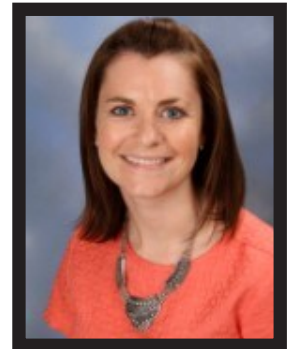
Mrs Danielle Gillings
Assistant Head
EYFS Lead



Miss Beth Jones
Assistant Head
KSI Lead



Mrs Kate Grey
Assistant Head
Pastoral & SEND



Mrs Kelly Hough
Assistant Head
Staff Development



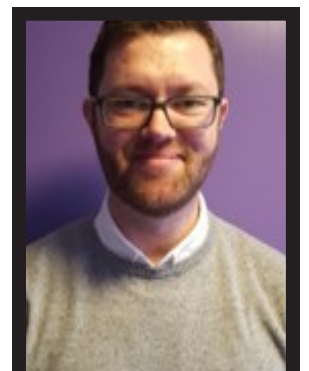
Miss Natalie Taylor
Family Support
Worker



Mrs Chloe Kippen
Family Support
Worker



Mrs Sarah Bayfield
SENDCo



Mr Stephen Clarke
Safeguarding
Governor