<u>Assemblies</u>

Monday = No Outsiders.
Tuesday = R Time
Wednesday = Picture News.
Thursday = Culture
Friday = Celebration

No Outsiders

To reinforce our whole school ethos of 'No Outsiders', each week we share a picture book linked to an event taking place nationally which also celebrates diversity within the characters and setting.

## R Time

This social interaction programme teaches children the necessary skills for working collaboratively effectively. In pairs, they will have tasks to complete following a set pattern including greeting each other before they begin and thanking each other once they complete the task.

<u>Picture News</u>

Children explore current affairs and debate moral, social, cultural and spiritual issues. These link to British Values, Protected Characteristics and the UN Rights of a Child/Recent discussions have included:

Should life jackets be compulsory for all on open water? Is a school more than just a building? How important is space exploration?

<u>Culture</u>

Each half term, a series of sessions are planned to build cultural capital for our children. During these assemblies, Musicians & Artistes of the Month are explored as well as a range of religious celebrations

Celebration Assembly

This assembly takes place every Friday and celebrates the great work produced by children from the week. There are six main awards for each class which link to our Actives programme. We also share our House Point Leader Board, the class with the best attendance and a range of other successes, including reading at home, outside school achievements and awards.

Assemblies also regularly include visits from organisations working in the local community such as the Lowestoft Lifeguards, Dogs Trust, RSPCA, NSPCC and The Rotary Club.

Woodland Learning

Opportunities to learn outside the classroom. Learning focuses on Science, Art and DT with the main emphasis being on the development or social skills such as team work, cooperation, turn taking and sharing.

Pupil Leadership Opportunities

We believe it is important to develop leadership skills alongside teaching our children to become good citizens within our school community, as well as the wider community.

There are a range of Leadership Opportunities available for children to participate in e.g. Community Leaders, Wellbeing Champions, Sports Leaders, Eco Champions, Reading Champions, etc. Some of these roles are elected by peers and some require pupils to apply for the role.

The PSHE/SRE Curriculum brings together citizenship with personal well-being, while promoting a British values based education. This curriculum promotes the physical, social and emotional well-being of pupils, provide sex and relationships education at an age appropriate developmental stage, promotes British values, provides a safe place for discussion of current, relevant social issues and teaches children about radicalisation.

The RE curriculum explores the six main religions: Christianity, Judaism, Hinduism, Buddhism, Sikhism and Islam, in particular the symbols and artefacts, inspirational people, prayer, worship and stories associated with each one. As a school, we are culturally diverse and draw upon links with our families and wider community to enable our children to have meaningful and memorable experiences on which to pin their learning about religion and faith. We encourage our children to question, discuss and debate their opinions in order to make comparisons, identify differences and similarities and be accepting of those which are different to their own.

Extra Curricular Activities

A range of extra curricular activities from Sports, to Music, to arts and debating are on offer to children before school, at lunch time and after school. The school aims to provide a good range of different clubs in order to nurture, develop and stretch pupils talents and interests.

Enrichment Activities, Visitors and Visits

We offer a range of different enrichment activities and events in order to ensure we are equipping our children with the knowledge and cultural capital to succeed in life. In addition, enrichment activities and events are in place to further develop provision of spiritual, moral, social and cultural education as well as the promotion of British Values and the understanding of protected characteristics.

# Westwood Primary School





How do we support your child's wider personal development?

## What is personal development?

The curriculum provided by the school should extend beyond the academic, technical or vocational. Children should be supported to develop in many diverse aspects of life. This leaflet outlines how the school intends to provide for the personal development of all children.

At the same time as the school is working with children, those children are also being influenced by factors in their home environment, their community and elsewhere. Westwood Primary aims to teach children how to build confidence and resilience as well as prepare them for their adult lives, teaching them to engage with society and provide them with as many opportunities to do so as possible.

Personal development focuses on:

- Developing responsible, respectful and active citizens who are able to play their part and become actively involved in public life as adults
- Developing and deepening pupils' understanding of the British Values of democracy, individual liberty, the rule of law and mutual respect and tolerance
- Promoting equality of opportunity so that all pupils can thrive together, understanding that difference is a positive, not a negative, and that individual characteristics make people unique
- Promoting an inclusive environment that meets the needs of all pupils irrespective of age, disability, gender, race, religion, belief or sexual orientation
- Developing pupils' character (the positive personal traits, dispositions and virtues that informs their motivation and guides their conduct) in order for pupils to make good behaviour choices, be excited to learn and cooperate with others.
- Developing pupils' confidence and knowledge so they can keep themselves mentally healthy
- Enabling pupils to recognise online and offline risks (e.g. radicalisation, criminal exploitation, domestic abuse).
- Enabling pupils to recognise the dangers and inappropriate use of mobile technology and social media.
- Developing pupils' understanding of how to keep physically healthy, eat healthily and maintain healthy lifestyles.
- Developing age appropriate understanding of healthy relationships through PSHE and Relationship and Sex Education.
- Supporting readiness for their next phase of education so that pupils are equipped to make the transition successfully.

## Spiritual, Moral, Social and Cultural Education

Personal Development is encouraged through ensuring children have opportunities to explore these core skills.

## Spiritual

- Reflective about own beliefs
- Knowledge of and respect for different faiths, feelings and values.

#### Moral

- Ability to recognise the difference between right and wrong and be able to apply this to their own lives,
- Understand the consequences of their behaviour and actions,
- Investigate and offer reasoned views about moral and ethical issues
- Understand and appreciate the viewpoints of others.

#### Social

- Use a range of social skills for different contexts
- Willingness to participate in a variety of community and social settings including volunteering, cooperating well with others and being able to resolve conflicts effectively
- Acceptance of engagement with British Values.

#### Cultural

- Understanding and appreciation of a wide range of cultural influences that have shaped their heritage and that of others.
- Understanding and appreciation of a range of different cultures in the school and further afield as an essential part of their preparation for life in modern Britain
- Ability to recognise and value the things we share in common across culture, religion, ethnic and socioeconomic communities.
- Knowledge of Britain's democratic parliamentary system and the central role it has had in shaping our history and values.
- Willingness to participate in and respond positively to artistic, musical, sporting and cultural opportunities
- Interest in exploring, improving understanding of and showing respect for different faiths and cultural diversity and the extent to which children understand, accept, respect and celebrate diversity.

## How do we do this in school?

- Our Curriculum
- Actives
- CHIMP programme
- Assemblies
- Woodland Learning
- Pupil Leadership Opportunities
- Curriculum subjects such as RE, PSHE, SRE
- Extra Curricular activities
- Enrichment Activities, Visitors and Visits

## Our Curriculum

One of our key Curriculum areas is the promotion of Positive Lifestyles. We teach children both as part of the curriculum and as part of the wider school programme the skills needed to develop positive attitudes to healthy living, caring for the environment and securing positive mental and physical health.

#### Actives

We have developed our Actives programme to encourage our children to lead Active Lifestyles in a range of different ways. As Active Learners, Active Leaders, Active Citizens, Active Athletes, Active Artistes & Active Readers. We use this common language throughout school and celebrate those children who demonstrate these attributes in our Celebration Assembly.

# CHIMP Programme

# Children's Health is Mental and Physical!

This programme is part of our approach to Positive Lifestyles. It incorporates the teaching of key areas which we feel are paramount to ensuring positive mental and physical health.

- ♦ Managing positive relationships
- ♦ Talk time and positive interactions
- ♦ Eat and drink healthily
- ◊ Physical Activities
- ♦ Screen Time
- > Emotions
- ♦ Hobbies
- ♦ Sleep

