

Westwood Spring Menu 2023

Monday

Tuesday

Wednesday

Thursday

Friday

Week One
31/10/22
21/11/22
12/12/22
16/01/23
06/02/23
06/03/23
27/03/23

Option 1	Cheese & Tomato Pizza with Potato Wedges	BBQ Chicken with Rice	Beef Burger in a Bun with Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Fishfingers with Chips
Option 2	Tomato Pasta	BBQ Quorn with Rice	Veggie Tortilla Stack with Rice	Crunchy top Vegetable Bake with Roast Potatoes	Cheese Omelette with Chips
Option 3	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Tuna	Jacket Potato with Cheese or BBQ Beans	Jacket Potato with Cheese or Tuna	Fishfinger wrap with Chips
Dessert	Pear and Apple Crumble with Custard	Yoghurt & Raisin Cake	Chocolate & Mandarin Brownie with Chocolate Sauce	Fruit Jelly	Vanilla Shortbread

Or a choice of Yoghurt & Fresh Fruit available daily

Week Two
07/11/22
28/11/22
02/01/23
23/01/23
20/02/23
13/03/23

Option 1	Cheese & Tomato Pizza With Potato Wedges	Sausages with Mashed Potatoes and Gravy	Spaghetti Bolognese with Garlic Bread	Roast Turkey, Stuffing, Roast Potatoes and Gravy	Fishfingers with Chips
Option 2	Macaroni Cheese	Veggie Sausages with Mashed Potato and Gravy	Soya Bolognese with Garlic Bread	Cauliflower and Broccoli Cheese with Roast Potatoes	Mexican Roll with Chips
Option 3	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Tuna	Jacket Potato with Cheese or BBQ beans	Jacket Potato with Cheese or Tuna	Fishfinger wrap with Chips
Dessert	Fruit & Ice Cream	Chocolate and Apple Sponge	Lemon Cake	Fruity Shortbread	Oaty Cookie

Or a choice of Yoghurt & Fresh Fruit available daily

Week Three
14/11/22
05/12/22
09/01/23
30/01/23
27/02/23
20/03/23

Option 1	Cheese and Tomato Pizza with Potato Wedges	Sausage Roll with New Potatoes	BBQ Turkey Burger in a Bun with Wedges	Roast Chicken, Stuffing, Roast Potatoes and Gravy	Fishfingers with Chips
Option 2	Tomato Pasta	Veggie Sausage with New Potatoes	Veggie Burger with Wedges	Quorn Fillet, Stuffing, Roast Potatoes and Gravy	Cheese Quiche with Chips
Option 3	Jacket Potato with Cheese or Beans	Jacket Potato with Cheese or Tuna	Jacket Potato with Cheese or BBQ Beans	Jacket Potato with Cheese or Tuna	Fishfinger wrap with Chips
Dessert	Chocolate Cookie	Marble Cake	Apple, Cheese & Crackers	Iced Sponge	Chocolate Shortbread

Or a choice of Yoghurt & Fresh Fruit available daily

Added Plant Power

Vegan

Wholemeal

Available Daily:

- Freshly cooked jacket potatoes with a choice of fillings (where advertised)
- Bread freshly baked on site daily
- Daily salad selection

ALLERGY INFORMATION:

If your child has an allergy or intolerance please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination.