



WESTWOOD NEWS

Spring Term (2) 2023



Dear Families,

This half term we have enjoyed welcoming families in to school for a number of events including our class share sessions, musical performances and parents evenings. The children love having the opportunity to share their learning with you and the teaching teams enjoy being able to talk you through your child's progress and attainment as well as answering any questions you may have. Of course, you don't have to wait until these times to discuss how your child is getting on: teaching teams are available at the classroom door at the beginning and end of the school day but if you would like a longer conversation, please contact the school office and they will happily make an appointment for you.

Both World Book Day and Red Nose Day were big successes this half term. As always, the children's World Book Day costumes were extremely creative and we raised a fantastic £128 with our non-uniform activity for Red Nose Day—thank you all for your support with both of these events. We have also welcomed a number of visitors to our school to support the children's learning across the curriculum.

Our New to You uniform rail is fully stocked with a full range of items, including school summer dresses and tailored shorts as well as shoes and trainers. All items are in very good condition, some are even brand new. Please do come and take a look if you are need of anything.

Our food bank is also well stocked and open to members of our school community who may be in need of support. Please contact Miss Taylor through the school office who will be able to help you collect what you need.

If you find yourself in a position to be able to donate to either our uniform rail or to our food bank, these would be gratefully received. Please bring donations to the school office. We thank you in advance for your support of this project.

We love hearing about the activities our children take part in outside of school and we like to share these each week in our Celebration Assemblies as well on our social media pages as part of our Active Lifestyles awards. If your child attends any clubs outside of school or has achieved any awards and you are happy for us to share them online then please email the school office with a photo or video and a short explanation of what it is they do.

Once again, thank you for your continued support of our school, it really is our pleasure teaching your children and working with our local community.

We are so Proud to be Westwood!

Enjoy the Easter break and we look forward to welcoming the children back on

Monday 17th April

Mrs Aldous & Mrs Barnes





Pre-school, Nursery & Reception



Nursery and Pre-School

In Nursery and Pre-school this half term our topic has been Dinosaurs. We have explored pre-historic worlds, written our own stories about unusual pets and become archeologists digging up dinosaur bones.

In maths we have been looking at and creating repeating patterns and exploring numbers 7,8,9 and 10.

We have been practicing writing our names daily, mark making and developing our fine motor skills by using tweezers and scissors.

In Pre-school we have welcomed new friends, developed our turn taking skills through playing games and gained more confidence using the outdoor equipment.



Reception

Reception have had a very interesting and magical Spring term. Our topic has been 'Once Upon a Time' and we have had lots of fantastic experiences!

From dragons flying in the classroom, giants leaving their grubby clothes, enemies trying to attack castles, 6 fantasy doors magically appearing and we can't wait to attend the ball that we have been invited to. We have also been learning about the life cycles of humans, butterflies and frogs. We were very excited to receive a delivery of caterpillars, we have named them Coconut, Candy, Crunchie, Buzz Buzz and Bertie. We have been eagerly checking on them to observe the stages of metamorphosis. The children can now categorize some animals into oviparous or viviparous animals, understanding which animals lay eggs or give birth to their live young.



The Nursery and Reception team hope you have a lovely Easter break and would also like to say a big thank you to all the parents that joined us for the parent share session.



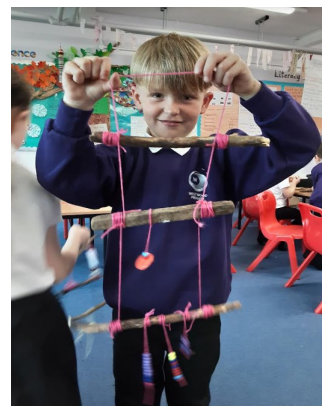
Years 1 & 2



This half term, we have been learning all about Down Under and Beyond. We have been writing about visiting the Great Barrier Reef and Townsville in Australia.



We have enjoyed getting back into the woods this half term, we have been using natural materials to create kites mobiles and games.



We also designed and made healthy fruit kebabs focusing on cutting skills.



Next half term, we are learning all about the world around us in 'Where in the world'.



Years 3 & 4



This term our topic has been Rivers and The Water Cycle. It saw the children create models of rivers - labelling each part. We wrote narratives based on a river adventure with a boat travelling down the river.



We carried out a Poetry Post walk sending out Quatrain poems to the local community and received some fabulous cards and letters back.



As part of our Rivers topic we had visits from Farrans about the Gull Wing bridge to update us on how the work was coming on. We also had the Flood Risk Management team at the council come in too to tell us about the Tidal Barrier that will be installed in our town in the future. We recreated the length of the barrier but there was not enough of us - that's how large it will be!



We enjoyed the travelling theatre performance all about Climate Change - we especially liked their variety of puppets!

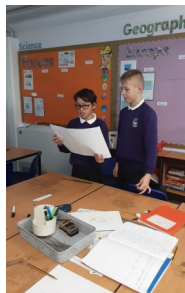
A fab term had by all - have an excellent Easter break.



Years 5 & 6



This term in Year 5 and 6 we have been looking at the Alpine regions in Geography. In Literacy sessions we wrote "nonsense" explanation texts and practiced our oracy skills by sharing them with an audience. Science we have looked at forces and carried out different experiments within these lessons.



The Marina Theatre in Lowestoft came to do activities with us about their upcoming production all about the historic floods of Lowestoft.



World Book day was a huge success and a big thank you to the parents who came to our parent share to learn about reading for pleasure and how that looks at our school.

A big thank you for all those that donated towards Comic Relief!

Another fabulous half term had by all—have a great Easter



Sporting Success



Tournaments

This half term was quite quiet on the event front, however we competed in a new sport for the first time and had some success across all events taken part in.

In our first ever Futsal event, we finished 3rd overall. In our Skittleball event, we finished joint 2nd with Grove on points and goals scored. Later on in the half term, we had the Year 3 cricket in which we finished in 3rd place playing some amazing cricket and showing great support for all teams there. To finish the half term, we took part in the largest This Girl Can in the UK with 180 participants across Lowestoft and Beccles.

A big shoutout to the first ever Dance Festival group for their commitment and efforts this half term in rehearsing for the performance at Marina Theatre in June!



Sports Clubs

We have had another brilliant half term of clubs being run after school but also lunch times too!

We have had an indoor and outdoor dance club run by our amazing play leaders. After school we have had numbers at an all time high taking part in cricket, team games, football and even a dedicated Panathlon give it a go club!

Upcoming Fixtures

We have confirmed lots of tournaments for next half term and are hoping to add more to the fixtures list as they become available. We will, of course, keep families updated and endeavour to include as many children as possible in these events.

Wednesday 19th April
Thursday 20th April
Wednesday 26th April
Thursday 27th April
Wednesday 3rd May
Wednesday 10th May
Friday 19th May
Wednesday 24th May

NSSP Years 5 & 6 Orienteering
ALT Years 5 & 6 Girls Netball
NSSP Years 1, 2, 3 & 4 Multi-skills stations
ALT Years 3 & 4 Cricket
ALT Year 6 Girls Football
ALT Year 5 Girls Football
ALT SEND Football
ALT Year 5 Boys Football

#BETHEBESTTHATYOU CAN BE

Diary Dates

There will be more events taking place and we will let you know as soon as possible!
 Events in purple are the ones we would love families to join us in school for.

| | |
|--------------------------------------|---|
| Friday 31st March | Last Day of the half term |
| Monday 3rd – Fri 14th April | Easter Holiday |
| Monday 17th April | Children return to school |
| Thursday 20th April | Years 3 & 4 trip to Farm & Country Fair Health Screening for Reception children |
| Monday 1st May | Bank Holiday – School Closed |
| Monday 8th May | Bank Holiday – School Closed |
| Tuesday 9th – Friday 12th May | Year 6 SATs tests |
| Monday 15th May | Nursery family share sessions – during this week 14:15–15:15 Years 3 & 4 family share sessions |
| Tuesday 16th May | 14:15–15:15 Years 5 & 6 family share sessions |
| Monday 22nd May | Years 5 & 6 RSPCA Workshop |
| Tuesday 23rd May | 14:00–15:00 Year 2 family share session |
| Wednesday 24th May | Year 6 at Benacre |
| Thursday 25th May | Years 5 & 6 Planetarium workshops & Space Camp 14:00–15:00 Year 1 family share session |
| Friday 26th May | 14:00–15:00 Reception Teddy Bears' Picnic Last Day of the half term |
| Monday 29th May – Friday 2nd June | May Half Term Holiday |
| Monday 5th June | Children return to school |

HOUSE POINTS

The totals for this half term are:

Diamond = 990

Sapphire = 1119

Ruby = 1195

Emerald = 1261

Congratulations Emerald your house
captains are busy organising your treat!

ATTENDANCE



























| | | |
|----------|-----------|-------|
| 06.02.23 | Year 1 | 94.3% |
| 20.02.23 | Year 4 | 98.3% |
| 27.02.23 | Year 5 | 100% |
| 06.03.23 | Year 5 | 98% |
| 13.03.23 | Year 4 | 96.1% |
| 20.03.23 | Reception | 97.4% |

Years 1, 4 & 5 have all received 3 awards in total
and have won themselves a breakfast each!

We have another fantastic range of clubs available from Monday 17th April. If you would like to sign your child up to one, please email the school office.

P.E SHED/MR SYED/MR TOMLINSON/SCHOOL STAFF

| Day | Breakfast 8.00am - 8.30am | Lunch 12:30pm - 1pm | After School 3.15pm – 4.15pm |
|-----------|--------------------------------------|--|--|
| Monday | Team Games - Years 1 to 6 | Tournament Prep & Games Colouring - Mrs Ball 12.30-1 | First Light Festival - DT/Art Project Miss Willeard & Miss Lynes - Years 1, 2, 3 & 4 Feathers & Friends - Mrs Eccleston & Miss Bow Years 4, 5 & 6 Gymnastics - Years 1, 2 & 3 |
| Tuesday | Hockey - Years 1 to 6 | Tournament Prep & Games Colouring - Mrs Ball 12.30-1 | Drama - Miss Bow - Years 4, 5 & 6 Multi-Skills - Reception, Years 1 & 2 |
| Wednesday | Basketball (outside) Years 1 to 6 | Tournament Prep & Games Rock Choir - My Syed 12pm-1pm Colouring - Mrs Ball 12.30-1 | Feathers and Friends - Mrs Eccleston & Miss Bow Years 1, 2 & 3 |
| Thursday | Dodgeball - Years 1 to 6 | Tournament Prep & Games Colouring - Mrs Ball 12.30-1 | Drama - Miss Bow - Years 2 & 3 Board Games & Puzzles - Miss Thompson Years 3, 4, 5 & 6 Woodland - Mr Taylor - Years 5 & 6 Cricket - Years 2, 3 & 4 Rugby - Mr Tomlinson - Years 5 & 6 |
| Friday | Football (outside) Years 1 to 6 | Tournament Prep & Games Colouring - Mrs Ball 12.30-1 | Striking and Fielding Games (Cricket & Rounders) Years 4, 5 & 6 |

| Westwood Summer Menu 2023 | | Monday | Tuesday | Wednesday | Thursday | Friday |  Vegan  Wholemeal |
|---------------------------|--|--|--|--|---|--|--|
| Week One | | Option 1 | Cheese & Tomato Pizza with Wedges  | Beef Burger in a Bun with New Potatoes | BBQ Chicken with Rice | Roast Chicken, Roast Potatoes and Gravy | Fishfingers with Chips & Tomato Sauce |
| 17/04 | | Option 2 | Tomato Pasta  | Veggie Burger in a Bun with New Potatoes | BBQ Quorn with Rice | Crunchy Top Vegetable Bake  | Mexican Bean Roll with Chips & Tomato Sauce  |
| 08/05 | | Option 3 & 4 | Jacket Potato with Cheese or Beans | Jacket Potato with Cheese or Tuna | Jacket Potato with Cheese or Tuna | Fishfinger Wrap  | Available Daily: - Freshly cooked jacket potatoes with a choice of fillings (where advertised) - Bread freshly baked on site daily - Daily salad selection |
| 06/06 | | | Ham Sandwich Packed Lunch | Cheese Sandwich Packed Lunch | Ham Sandwich Packed Lunch | Cheese Sandwich Packed Lunch | |
| 26/06 | | Dessert | Fruit Jelly and Ice Cream | Chocolate and Mandarin Brownie | Syrup Snap Biscuits  | Iced Vanilla Sponge | Oaty Cookie  |
| 17/07 | | | Or a choice of Yoghurt & Fresh Fruit available daily | | | | |
| Week Two | | Option 1 | Cheese & Tomato Pizza with Potato Wedges  | Port Sausage Hot Dog with Potato Wedges | Meatballs with Pasta | Roast Turkey with Roast Potatoes and Gravy | Fishfingers with Chips & Tomato Sauce  |
| 24/04 | | Option 2 | Macaroni Cheese | Vegan Sausage Hot Dog with Potato Wedges  | Vegetable Pasta  | Vegetable Wellington with New Potatoes & Gravy  | Veggie Burger with Chips & Tomato Sauce |
| 15/05 | | Option 3 & 4 | Jacket Potato with Cheese or Beans | Jacket Potato with Cheese or Tuna | Jacket Potato with Cheese or Tuna | Jacket Potato with Cheese or Tuna | Fishfinger Wrap  |
| 12/06 | | | Ham Sandwich Packed Lunch | Cheese Sandwich Packed Lunch | Ham Sandwich Packed Lunch | Cheese Sandwich Packed Lunch | ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. |
| 03/07 | | Dessert | Fruit Jelly and Ice Cream | Chocolate Shortbread  | Summer Lemon Cake | Peach Crumble with Cream  | Vanilla Shortbread  |
| | | Or a choice of Yoghurt & Fresh Fruit available daily | | | | | |
| Week Three | | Option 1 | Cheese & Tomato Pizza with Potato Wedges  | Spaghetti Bolognese | Chicken Kebab with Seasoned Wedges | Roast Chicken, Roast Potatoes and Gravy | Fishfingers with Chips & Tomato Sauce |
| 01/05 | | Option 2 | Tomato Pasta  | Vegan Spaghetti Bolognese  | Quorn Kebab with Seasoned Wedges | Roast Quorn Fillet with Roast Potatoes and Gravy | Cheese & Red Pepper Pitta with Chips & Tomato Sauce  |
| 22/05 | | Option 3 & 4 | Jacket Potato with Cheese or Beans | Jacket Potato with Cheese or Tuna | Jacket Potato with Cheese or Tuna | Jacket Potato with Cheese or Tuna | Fishfinger Wrap  |
| 19/06 | | | Ham Sandwich Packed Lunch | Cheese Sandwich Packed Lunch | Ham Sandwich Packed Lunch | Cheese Sandwich Packed Lunch | ALLERGY INFORMATION: If you would like to know about particular allergens in foods please ask a member of the catering team for information. If your child has a school lunch and has a food allergy or intolerance you will be asked to complete a form to ensure we have the necessary information to cater for your child. We use a large variety of ingredients in the preparation of our meals and due to the nature of our kitchens it is not possible to completely remove the risk of cross contamination. |
| 10/07 | | Dessert | Peaches with Ice Cream | Chocolate and Apple Sponge | Flapjack  | Chocolate Crunch  | NEW Cornflake Tart  |
| | | Or a choice of Yoghurt & Fresh Fruit available daily | | | | | |

SCHOOL UNIFORM

We have a strict School Uniform Policy. Please ensure your child is dressed in the following named school uniform:

Daily Uniform

Black tailored trousers/shorts/skirt/dress
Purple Summer checked dress
White polo shirt
Purple school cardigan/jumper/fleece
Black shoes (no boots or trainers)
Black tights or white/black/grey socks
Purple school book bag

PE/Sports Kit

White T-shirt
Black shorts
White socks
Plimsoles or trainers
Black jogging bottoms
Black sweatshirt
PE bag

All items are readily available from high street stores or their internet shopping websites. Sweatshirts/cardigans/book bags/PE bags/water bottles with the school logo are available from Screens. We have a large range of new & used school uniform items available at no cost in our Community Hub—please pop in and take what you need.

Jewellery, hair & make-up

On health and safety grounds, we do not allow children to wear jewellery in our school except plain stud earrings and/or an inexpensive watch—these must be removed for P.E. Extreme haircuts or colouring are not permitted. Hairbands & clips should be discreet designs in colours compatible with school colours. No make-up or nail varnish may be worn.

WEBSITE

Please keep an eye on the school website as we update this regularly.

The address is: www.westwoodprimary.org

You can also follow us on:



Twitter: @Westwood School



Facebook: Westwood Primary School



Instagram: westwoodprimary

CONTACT DETAILS

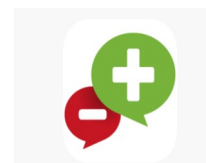
Please ensure we have your up to date contact details. This includes current address and telephone numbers.

We MUST have two contact telephone numbers in case of an emergency.



PARENTMAIL

Please ensure you sign up to ParentMail, this is how you will receive ALL means of communication.



ALLERGY INFORMATION

As you will already be aware, we are a nut-free school - we have children who have allergies to a variety of different nuts as well as peanuts—and ask that parents check the ingredients of items in packed lunches, avoiding anything that states it contains nuts.

Please speak to the school office, if you have any problems - paper copies may be available upon request.



Reading



Children who 'choose' to read do better at school.; there is lots of evidence for this. There is also evidence that shows children who read for pleasure have higher self esteem and a greater ability to cope with difficult situations. This is why we value reading so much at our school and think it is important for all children to read.

If your child is a reluctant reader it can be difficult to encourage them to read.

Here are some things that may help:

Advice for encouraging children to read at home

- Give your children access to as many styles of books as you can-fiction, non-fiction, funny, serious
- Buying books is expensive (especially if your child then isn't interested in the book)-use the library (at school and the town library), also try swapping books and passing on books to others
- Visit the library and books shops often-give your child the freedom to choose for themselves
- Lower the stakes-let them know it is ok to stop reading a book if it hasn't 'hooked them'
- Avoid pushing them to read challenging books all of the time-let them read old favourites or re-read books, even if they are for 'younger children' it can be comforting and fun
- Try reading aloud to your child-even if they are capable of reading the text themselves or even if they are an older child

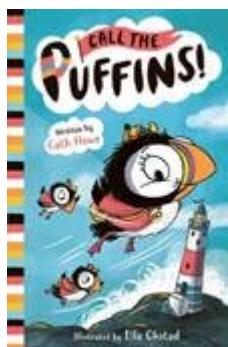
Great books for reluctant readers:



This publisher produces high quality, dyslexic friendly books which are great for dyslexic children, reluctant readers and anyone else who just enjoys quality books. They are highly recommended-there books can be found in good books shops, direct from their website and in good libraries.

New books to look out for:

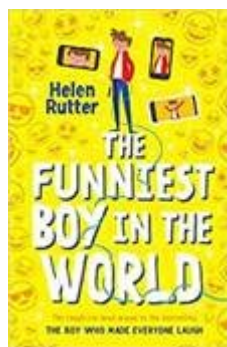
Looking for something new for your child to read? Here are some recommendations:



Younger readers



Year 3 and above



Year 5 and above



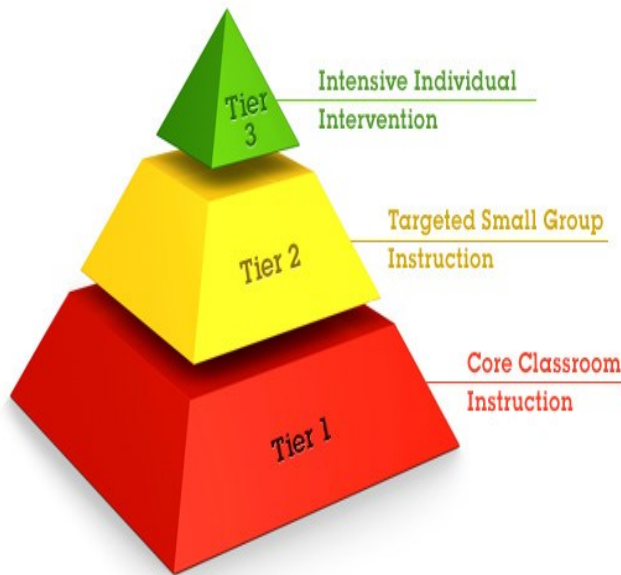
For more recommendations try looking at the Book Trust website.



Special Educational Needs & Disabilities



The graduated response is often talked about when discussing SEND needs in our school. What does this actually mean? Below is a diagram summarizing the support we offer at each level.



Tier 1/ Wave 1

This is the offer to all students. This includes:

- Quality First Teaching from Teachers and Teaching Assistants.
- A carefully planned curriculum adapted to meet the needs of learners.
- After-school clubs and Breakfast club.
- Access to computer learning programmes.
- Varied opportunities for enrichment activities, trips and visitors.

Tier 2/ Wave 2

This is the support offered at the next level, where a child may need some targeted support.

At this level we offer:

- Individual education plans - reviewed regularly.
- Specific group work with small groups of children.
- (Language)
- access to specific learning platforms or websites.
- Nurture Support Group,
- ELSA sessions
- social interaction groups / Brick therapy sessions
- Sensory circuits

to 1 interventions (reading, phonics, handwriting/hand gym, Talk time, speech and

Tier 3/Wave 3

This is the support we offer students who require extra support. At this level we offer:

- Advice from Specialist education services or Speech and Language therapy.
- Refer to external agencies (e.g. Health, Mental Health, Early Help, Social Care)
- Seek advice from an Educational psychologist.
- Consider an application for an Education Health Care Plan

For more about the Suffolk Local offer: Suffolk InfoLink | Suffolk SEND Local Offer

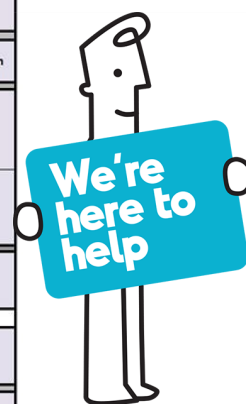


Safeguarding & Mental Health



Triple P program's are run by Suffolk County Council and supports parents with positive relationships and behaviour strategies. This can be a great support for parents, consisting of 5 group session and 3 1-1 telephone sessions. If you would like further information on this, please speak with Miss Taylor.

| EASTER 2023 | | | | | | MENU | |
|-------------|----------------------|---|--|------------------------------|--|---|----------------------------|
| | DATE | MEAL | TIME | VENUE | VENUE ADDRESS | MAIN | DESSERT |
| WEEK 1 | Monday 3rd April | Lunch (Eat in) | 12 noon sit in | Christ Church | Whaplod Road, Lowestoft, NR32 1XD | Vegetarian Sausage Casserole and Jacket Potato | Fruit Crumble and Icecream |
| | Tuesday 4th April | Lunch (Eat in AND Takeaway) | 12 noon sit in and for takeaways collection times will be advised when booking | St Lukes | 62 Homefield Avenue, Lowestoft. NR33 9BX | Bolognaise filled Taco Shells with Grated Cheese, Sweetcorn, Coleslaw and Salad | Icecream |
| | Tuesday 4th April | Lunch (Eat in) | 12 noon sit in | Carlton Road Bowls Club | 123A Carlton Road, Lowestoft. NR33 0LZ | Chicken Pie (Vegetarian option available - please advise when booking), Chips, Peas, Sweetcorn, Gravy | Eaton Mess |
| | Wednesday 5th April | PLEASE SEE ATTACHED FOR DETAILS AND HOW TO BOOK | | | Burnt Hill Lane, Carlton Colville, Lowestoft. NR33 8HU | SEE ATTACHED FOR DETAILS | |
| WEEK 2 | Wednesday 12th April | PLEASE SEE ATTACHED FOR DETAILS AND HOW TO BOOK | | | Burnt Hill Lane, Carlton Colville, Lowestoft. NR33 8HU | SEE ATTACHED FOR DETAILS | |
| | Thursday 13th April | Lunch (Takeaway) | Takeaway collection times will be advised when booking | Pakefield Church Hall | Pakefield Church Hall, Sunningdale Avenue, Pakefield, NR33 7DB | Shredded BBQ Chicken Rolls, Coleslaw and Salad | Iced Vanilla Sponge |
| | Friday 14th April | Lunch (Eat in) | 12 noon sit in | Salvation Army, Carlton Road | 9 Carlton Road, Lowestoft. NR33 0RU | Fish Fingers, Chips and Beans | Cheesecake |



Looking for support?

Find one to one professional support from a mental health practitioner today.

It's **free, safe** and **anonymous**.

Visit **Qwell.io** to find out more.

#ARETHEYSAFE?

YOU MAY BE THE ONLY PERSON THEY TELL.

REPORT IT. YOU CAN STOP IT.

PHONE CUSTOMER FIRST ON 0800 800 4005 OR, IN AN EMERGENCY, POLICE ON 999.

SUFFOLK DOMESTIC ABUSE
FREE 24/7 HELPLINE
0800 977 5690

<https://www.suffolkdahelpine.org.uk>

NEW, DEDICATED WEBSITE:
[WWW.SUFFOLKDAHHELPINE.ORG.UK](https://www.suffolkdahelpine.org.uk)
#YOUARENOTALONE

ACTO
Anglia Care Trust
Report Abuse, Support

Suffolk Collection



To best support children who have access to devices:

- ◊ Talk regularly with your child about what they like doing on their devices, what they play, who they talk to and what they enjoy.
- ◊ Familiarise yourself with current apps, trends and technology so you know what is going on in the online world.

Create a safe and trusting environment where children know they can talk about worries they may have.

People who can help

In addition to your child's class teacher, who should always be your first point of contact, the following people are readily available to help you with any issue, if needed.



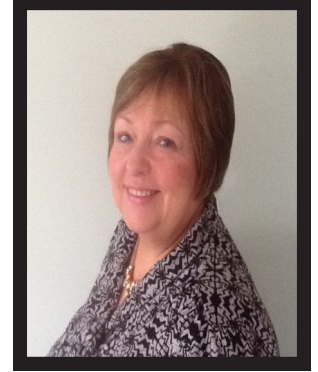
Mrs Rae Aldous
Executive
Headteacher



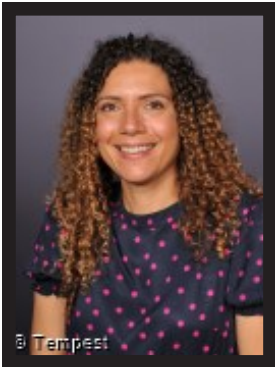
Mrs Lauraine Barnes
Westwood
Head of School



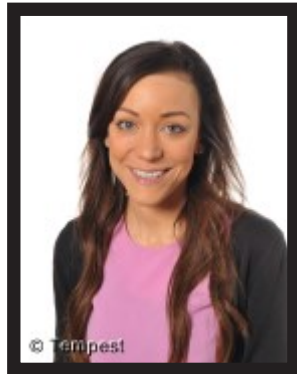
Ms Louise Creed
Grove
Head of School



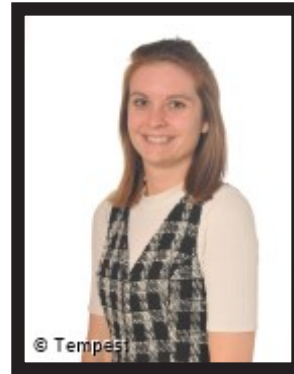
Mrs Jackie Cutchey
Chair of Governors



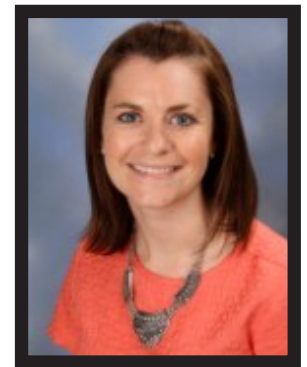
Mrs Danielle Gillings
Assistant Headteacher
EYFS Lead



Miss Beth Jones
Assistant Headteacher
KSI Lead



Mrs Rachel Kounnas
Assistant Headteacher
KS2 Lead



Mrs Kelly Hough
Assistant Headteacher
Staff Development



Mrs Kate Grey
Assistant Headteacher
Pastoral & SEND



Ms Natalie Taylor
Family Support
Worker



Mrs Sarah Bayfield
SENDCo



Mr Stephen Clarke
Safeguarding
Governor