| **PSHE KNOWLEDGE ORGANISER Year 1**  ***Growing and Changing*** | | | |
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| **Overview of lesson objectives** | | **Books and websites to support at home** | |
| In this unit, you will learn:  Lesson 1 :   * What is inside our body?   Lesson 2:   * How do you take care of a baby.   Lesson 3:   * What changes have happened since you were a baby?   Lesson 4:   * What is private?   Lesson 5:   * Is it a surprise or a secret. | |  | |
| **Content of Lessons** | | | |
| ***Lesson 1*** | ***Lesson 2*** | | ***Lesson 3*** |
| * To name major internal body parts. * Understand and explain simple bodily processes. | * To understand some of the tasks required to look after a baby. * Explain how to meet a baby's needs. | | * To identify things that you could do as a baby to now. * Identify the people who help us at different stages. |
| ***Lesson 4*** | ***Lesson 5*** |  | **Key vocab** |
| * To identify parts of the body that are private. * Describe ways in which private parts can be kept private. | * To identify secrets or surprises. * Identify who they can talk to if they feel uncomfortable. | | * Good and bad touch |
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