**UKS2 Spring 1 Cycle A PSHE Plan**

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|  | **Session 1** | **Session 2** | **Session 3** | **Session 4** | **Session 5** | **Session 6** |
| **Question** | What’s the Story? | Fact or Opinion? | What are rights, responsibilities and duties? | What difference does Mo make? | How can we spend wisely? | Lend us a fiver! |
| **Content LO:** | Identify, write and discuss issues currently in the media concerning health and wellbeing. | Understand the difference between a fact and an opinion. | Define the differences between responsibilities, rights and duties. | Explain what we mean by the terms voluntary, community and pressure (action) group. | Suggest questions a consumer should ask before buying a product.  . | Define the terms loan, credit, debt and interest. |
| **Skills LO** | Express their opinions on an issue concerning health and wellbeing; | Understand what biased reporting is and the need to think critically about things we read. | Identify the impact on individuals and the wider community if responsibilities are not carried out. | Give examples of voluntary groups, the kind of work they do and its value. | State the costs involved in producing and selling an item. | Suggest advice for a range of situations involving personal  finance. |
| **Pillar focus:** | Thinking | Thinking | Accepting  Listening and respecting | Listening and respecting  Thinking | Safety and Security  Thinking | Safety and Security  Thinking |
| **Concepts** | **Rights and responsibilities** | | | | | |
| Assessment: | I can explain how people’s social media profiles often give a biased view of them  I can explain why people might do this (why they are showing certain aspects of themselves) and how social media can affect how a person feels about themself.  I can give examples of some of the ways that a person can keep healthy in relation to their use of social media, to overcome the pressures that sometimes come with its use. | I can explain how people’s social media profiles often give a biased view of them  I can explain why people might do this (why they are showing certain aspects of themselves) and how social media can affect how a person feels about themself.  I can give examples of some of the ways that a person can keep healthy in relation to their use of social media, to overcome the pressures that sometimes come with its use. | I can give some different things that have an impact on the environment.  I can explain how groups of people in the community help to do this.  I can explain that what ‘environmentally sustainable’ living means and give an example of how we can live in a more ‘sustainable’ way.    I can give examples of some things I do to help the environment and sustainability, and some of the organisations that work to improve this. | I can give some different things that have an impact on the environment.  I can explain how groups of people in the community help to do this.  I can explain that what ‘environmentally sustainable’ living means and give an example of how we can live in a more ‘sustainable’ way.    I can give examples of some things I do to help the environment and sustainability, and some of the organisations that work to improve this. | I can say different ways of saving money.  I can explain the advantages and disadvantages of different ways of saving money.  I can explain what the term ‘interest’ means in relation to money and give examples of advantages and disadvantages of long-term saving (e.g. an ISA). | I can say different ways of saving money.  I can explain the advantages and disadvantages of different ways of saving money.  I can explain what the term ‘interest’ means in relation to money and give examples of advantages and disadvantages of long-term saving (e.g. an ISA). |