**PSHE Long-Term Plan**

|  | **Autumn** | **Spring** | **Summer** |
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| **Year 1 /2**  **Year A** | Autumn 1  Being my best  Autumn 2  Me and My Relationships | Spring 1  Rules, Rights and Responsibilities  Spring 2  RSE:  Yr1: Growing and Changing unit Yr2: Growing and Changing unit | Summer 1  Valuing Difference  Summer 2  Keeping Myself Safe |
| **Year 1/2**  **Year B** | Autumn 1  Being my best    Autumn 2  Me and My Relationships | Spring 1  Rules, Rights and Responsibilities, including money and the wider environment  Spring 2  RSE:  Yr1: Growing and Changing unit  Yr2: Growing and Changing unit | Summer 1  Valuing Difference  Summer 2  Keeping Myself Safe |
| **Year 3/4**  **Year A** | Autumn 1  Being My Best  Autumn 2  Me and My Relationships | Spring 1  Rules, rights and responsibilities  Spring 2  SRE:  Yr3: Growing and Changing unit  Yr4: Growing and Changing unit | Summer 1  Valuing Difference  Summer 2  Keeping Myself Safe |
| **Year 3/4**  **Year B** | Autumn 1  Being My Best    Autumn 2  Me and My Relationships | Spring 1  Rules Rights and Responsibilities, including money, living in the wider world and environment  Spring 2  SRE:  Yr3: Growing and Changing unit  Yr4: Growing and Changing unit | Summer 1  Valuing Difference  Summer 2  Keeping Myself Safe |
| **Year 5 /6**  **Year A** | Autumn 1  Being My Best  Autumn 2  Me and My Relationships | Spring 1  Rules, Rights and Responsibilities, including money, living in the wider world and environment  Spring 2  SRE:  Yr5: Growing and Changing unit  Yr6: Growing and Changing unit | Summer 1  Valuing Difference  Summer 2  Keeping Myself Safe |
| **Year 5/6**  **Year B** | Autumn 1  Being My Best    Autumn 2  Me and My Relationships | Spring 1  Rules, Rights and Responsibilities, including money, living in the wider world and environment  Spring 2  SRE:  Yr5: Growing and Changing unit  Yr6: Growing and Changing unit | Summer 1  Valuing Difference    Summer 2  Keeping Myself Safe |