Westwood Primary and Grove Primary

P.E. Long Term Plan – Year B

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| EYFS | Throwing and catching | Gymnastics | | Dance | | Balance and co-ordination | Sending and receiving | | Athletics | |
| Year 1 &2  Year B | Dance  Woodland | | Ball Skills  GS4PE (Y1/2)  Gymnastics - Bridges  (Suffolk) | | Games – Sending and receiving (Y2)  Dance  Great fire of London | Gymnastics - GS4PE Year 1  Woodland | Games – Tennis  LTA & GS4PE  Athletics  GS4PE | Games – Striking and fielding  GS4PE  Woodlands | |
| Year 3 &4  Year B | Invasion Games – Basketball  Woodland  Swimming \*Year 4) | | Gymnastics  Pathways (Suffolk + Val Sabin)  Uni Hoc (adapted quicksticks plans) | | Invasion Games –  Football  Dance | Gymnastics  (GS4PE Year 3)  Woodland | Striking and Fielding – Rounders  Dance  (GS4PE - Year 3) | Athletics  Woodland | |
| Year 5&6  Year 6 | Games - Hockey  (Quicksticks plans)  Woodland | | Gymnastics -  (GS4PE - Y5)  Rugby (VS + GS4PE) | | Games - Netball(VS + GS4PE))  Gymnastics  Flight (Val Sabin Year 5) | Dance  GS4PE  Woodland | Net / wall games - Volleyball + Session on sit down volleyball  Woodland - OAA | Striking and Fielding - Cricket (Chance to Shine plans)  Athletics (VS + GS4PE Year 5) | |